

ABSTRACT OF THE DISCLOSURE

A write and/or erase method is adapted to a storage apparatus having a function of changing a write and/or erase power of a light beam with

5 respect to a recording medium. The write and/or erase method sets a write and/or erase slice level for detecting an off-track of the light beam with respect to a track on the recording medium depending on the write and/or erase power.

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